



United Seniors of Oakland and Alameda County
Empowering Seniors ♦ Enriching Youth ♦ Enhancing Community
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July 1, 2024

Dear Friend/Supporter

I am proud to be the President of the United Seniors of Oakland and Alameda County (USOAC) and also the President of the Alameda County Board of Supervisors. USOAC is excited to announce our 21st **Annual Healthy Living Festival (HLF)**. Since 1986 USOAC has served as a voice for older adults and a vehicle for senior empowerment. Last year we commemorated **37 Years of Senior Organizing, Advocacy, and Engagement for Today and Tomorrow!** Our dedication continues with **38 Proud Years of Fighting for Older Adult Quality of Life!**

This year USOAC will conduct many actions to address senior concerns. Our 21st **Annual HLF** is on Thursday, September 26th and once again at the Oakland Zoo. The United Seniors continues to raise awareness of older adult issues, educate and hold public officials accountable, increase senior involvement, champion active and successful aging, provide reports on our activities, sustain our organization, and encourage both civic engagement and senior advocacy. The HLF is our major action that enhances older adult quality of life. It is our commitment to be a voice for aging adults and a vehicle for their continued organizational struggle for empowerment.

In 2024 some of our priorities include: *affordable housing for seniors, probate/conservatorship reform, walkable neighborhoods for seniors, senior nutrition advocacy & food security, senior wellness, senior technology capacity building & advocacy, travel training for seniors, and an Age Friendly County.*

The 21st **Annual HLF** is very special to us. We anticipate more than 3000 aging participants including friends, family, providers, and volunteers from all over the county with approximately 100 exhibitors. The HLF is a free event and the attendees will receive a free nutritious lunch, free Zoo admission, entertainment, resources, physical activity, an opportunity to socialize with others, take action on issues, and have fun and be safe! This is extremely important for the mental wellbeing of older adults.

The United Seniors would greatly appreciate your sponsorship of our 21st Annual Healthy Living Festival, which recognizes 38 Proud Years of Fighting for Older Adult Quality of Life in Oakland and throughout Alameda County.

For questions, please contact me and/or Mary Bradd, Administrative Assistant, at (510) 729-0852 or email mary.usoac@gmail.com. USOAC is a nonprofit tax exempt organization and all contributions are tax deductible to the extent allowable under the law.

Sincerely,

Nate Miley, President